



WELCOME TO THE TFFL 2010 SEASON

Welcome to another exciting season of football in the Toronto Flag Football League! We're delighted that you've joined us in our eighth great year of operation! The following information is intended to prepare you for the upcoming season.

If you have any questions or comments before then, please don't hesitate to call us at 416-366-TFFL (8335) or e-mail us at info@torontoflagfootball.com.

Looking forward to kickoff!



Andrew and Jacob
Commissioners, TFFL

THE TFFL PORTAL

You can now access all your team information on the TFFL portal.

Aside from being able to view your team list and games schedule on the portal, you'll also be able to indicate exactly which games your kid(s) will/will not be able to attend. This will make things easy for your team coach, and will help us foresee any problem games we have to reschedule.

To log onto the portal, please visit <http://portal.torontoflagfootball.com> (also available from our home page). Your **user id is the email address that you used to register for the league**

Once you have logged on, you can view your games schedule by clicking on the "My Games" or "My Calendar" option. To view your team list, click on the "My Team" option. Each of these pages will give you the option to sort the information for any or all of your kids!

WHAT TO BRING TO GAMES AND PRACTICES

Please make sure your child wears the jersey and flag belt that you received at sign-in day to each game and practice. We also recommend that you send your child with a labelled water bottle, hat, and sunscreen.

Any items of clothing with pockets are discouraged so that players won't hurt their fingers while reaching for the flags. Also, only flat-soled shoes are allowed at games and practices, so please don't bring cleats. Mouth guards are not required, but are highly recommended.

GAMES AND PRACTICES

Games are 1 hour long, and practices are 45 minutes long. Whenever your team has a practice, it will have a game right after on the same field. This will give each player the chance to work on the lessons they learn in practice immediately in a real game setting! Please note which days you have a game plus a practice and plan accordingly!

You can view the league schedule and field location information for all our games and practices online on the portal or on our web site at torontoflagfootball.com. Please note: We have only released the first three sessions (2 games & 1 practice) of the schedule so far. We will release the remainder of it after the season begins so we have a chance to see the first couple games and make sure the divisions are evenly aligned.

WEATHER ISSUES

In the event of severe weather conditions, please call our game day hotline to check the status of your game:

416-366-TFFL (8335)

Please note however, we play rain or shine!

YOUR COACH WILL BE CALLING

Your team coach will be calling you sometime during the week of Monday April 26. He/she will give you more information about your first game of the season on Sunday May 2nd.